

**Form 144 Filer Information**

FORM 144

**UNITED STATES  
SECURITIES AND EXCHANGE COMMISSION  
Washington, D.C. 20549****Form 144****NOTICE OF PROPOSED SALE OF SECURITIES  
PURSUANT TO RULE 144 UNDER THE SECURITIES ACT OF 1933****144: Filer Information**

Filer CIK

0001361353

Filer CCC

XXXXXXXX

Is this a LIVE or TEST Filing?

☒ LIVE ☐ TEST**Submission Contact Information**

Name

Phone

E-Mail Address

**144: Issuer Information**

Name of Issuer

Travel &amp; Leisure Co.

SEC File Number

001-32876

Address of Issuer

6277 SEA HARBOR DRIVE  
ORLANDO  
FLORIDA  
32821

Phone

407-626-5200

Name of Person for Whose Account the  
Securities are To Be Sold

Post Denny Marie

See the definition of "person" in paragraph (a) of Rule 144. Information is to be given not only as to the person for whose account the securities are to be sold but also as to all other persons included in that definition. In addition, information shall be given as to sales by all persons whose sales are required by paragraph (e) of Rule 144 to be aggregated with sales for the account of the person filing this notice.

Relationship to Issuer

Director

**144: Securities Information**

Title of the Class of Securities To Be Sold

Common Stock

Name and Address of the Broker

Merrill Lynch  
194 S Wood Ave  
4th FL  
Iselin  
NJ  
08830Number of Shares or Other Units To Be  
Sold

5500

Aggregate Market Value

275829.27

Number of Shares or Other Units  
Outstanding

66415595

Approximate Date of Sale

05/12/2025

Name the Securities Exchange

NYSE

Furnish the following information with respect to the acquisition of the securities to be sold and with respect to the payment of all or

any part of the purchase price or other consideration therefor:

## 144: Securities To Be Sold

Title of the Class	Common Stock
Date you Acquired	10/28/2022
Nature of Acquisition Transaction	Restricted Stock Vesting
Name of Person from Whom Acquired	issuer

Is this a Gift?

☐ Date Donor Acquired

Amount of Securities Acquired	412
Date of Payment	10/28/2022
Nature of Payment	cash

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

## 144: Securities To Be Sold

Title of the Class	Common Stock
Date you Acquired	04/29/2022
Nature of Acquisition Transaction	Restricted Stock Vesting
Name of Person from Whom Acquired	issuer

Is this a Gift?

☐ Date Donor Acquired

Amount of Securities Acquired	279
Date of Payment	04/29/2022
Nature of Payment	cash

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

## 144: Securities To Be Sold

Title of the Class	Common Stock
Date you Acquired	02/24/2022
Nature of Acquisition Transaction	Restricted Stock Vesting
Name of Person from Whom Acquired	issuer

Is this a Gift?

☐ Date Donor Acquired

Amount of Securities Acquired	278
Date of Payment	02/24/2022
Nature of Payment	Cash

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a

note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

## 144: Securities To Be Sold

Title of the Class	Common Stock
Date you Acquired	02/27/2020
Nature of Acquisition Transaction	Restricted Stock Vesting
Name of Person from Whom Acquired	issuer
Is this a Gift?	<input type="checkbox"/> Date Donor Acquired
Amount of Securities Acquired	1154
Date of Payment	02/27/2020
Nature of Payment	cash

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

## 144: Securities To Be Sold

Title of the Class	Common Stock
Date you Acquired	10/31/2019
Nature of Acquisition Transaction	Restricted Stock Vesting
Name of Person from Whom Acquired	issuer
Is this a Gift?	<input type="checkbox"/> Date Donor Acquired
Amount of Securities Acquired	666
Date of Payment	10/31/2019
Nature of Payment	cash

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

## 144: Securities To Be Sold

Title of the Class	Common Stock
Date you Acquired	07/31/2019
Nature of Acquisition Transaction	Restricted Stock Vesting
Name of Person from Whom Acquired	issuer
Is this a Gift?	<input type="checkbox"/> Date Donor Acquired
Amount of Securities Acquired	657
Date of Payment	07/31/2019

Nature of Payment

cash

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

## 144: Securities To Be Sold

Title of the Class

Common Stock

Date you Acquired

05/02/2019

Nature of Acquisition Transaction

Restricted Stock Vesting

Name of Person from Whom Acquired

issuer

Is this a Gift?

☐ Date Donor Acquired

Amount of Securities Acquired

707

Date of Payment

05/02/2019

Nature of Payment

Cash

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

## 144: Securities To Be Sold

Title of the Class

Common Stock

Date you Acquired

07/31/2020

Nature of Acquisition Transaction

Restricted Stock Vesting

Name of Person from Whom Acquired

issuer

Is this a Gift?

☐ Date Donor Acquired

Amount of Securities Acquired

1347

Date of Payment

07/31/2020

Nature of Payment

Cash

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

Furnish the following information as to all securities of the issuer sold during the past 3 months by the person for whose account the securities are to be sold.

## 144: Securities Sold During The Past 3 Months

Nothing to Report

☒

## 144: Remarks and Signature

Remarks

Date of Notice

05/12/2025

**ATTENTION:**

The person for whose account the securities to which this notice relates are to be sold hereby represents by signing this notice that he does not know any material adverse information in regard to the current and prospective operations of the Issuer of the securities to be sold which has not been publicly disclosed. If such person has adopted a written trading plan or given trading instructions to satisfy Rule 10b5-1 under the Exchange Act, by signing the form and indicating the date that the plan was adopted or the instruction given, that person makes such representation as of the plan adoption or instruction date.

Signature

Denny M Post

**ATTENTION: Intentional misstatements or omission of facts constitute Federal Criminal Violations (See 18 U.S.C. 1001)**